

Get stroke smart!™

Recognize the warning signs of a stroke

- ✓ Sudden weakness, numbness or tingling in the face, arm or leg
- ✓ Sudden temporary loss of speech or trouble understanding speech
- ✓ Sudden loss of vision, particularly in one eye, or double vision
- ✓ Sudden severe and unusual headache
- ✓ Sudden loss of balance, especially with any of the above signs



Finding answers. For life.

If you or someone you know is experiencing the warning signs of a stroke, **call 911** or your local emergency number immediately, or have someone call for you. Even if these symptoms appear to go away quickly, seek medical attention **IMMEDIATELY.**

For more information about heart disease, stroke and healthy living, visit our Web site at www.heartandstroke.ca or call **1-888-HSF-INFO** (1-888-473-4636).

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