

**Integrating Family Health Team (FHT) and Community-Centred Prevention of
Cardiovascular Disease and Stroke:
Sharing Practical Experiences with the
Cardiovascular Health Awareness Program (CHAP)**

October 15th, 2008

*Delta Meadowvale Resort & Conference Centre
6750 Mississauga Road, Mississauga, Ontario, L5N 2L3*

We value your participation in this event. Travel subsidies will be provided to offset the cost of attending. As our budget is limited, we appreciate your efforts to carpool or to split costs if you have other meetings that bring you to the Toronto area that week. We will respond to requests for travel funds individually.

Background

The Cardiovascular Health Awareness Program (CHAP) is designed to support the prevention of cardiovascular disease and stroke in Ontario communities. Family physicians and others invite older adult residents to participate in volunteer-led sessions in local pharmacies and other community settings for cardiovascular risk assessment, including blood pressure monitoring, and education and referral to local resources. Participants receive a copy of their results and copies are transmitted to their family physician and regular pharmacist as well as available on a secure area of the CHAP website (www.chaprogram.ca). Developed in 2000, the program is facilitated by the CHAP Working Group, a partnership of clinicians and researchers from the Department of Family Medicine at McMaster University, the Élisabeth Bruyère Research Institute, a partnership of the University of Ottawa and the SCO Health Service, and the Department of Family Practice at the University of British Columbia.

In 2006, the Community CHAP project involved 15,889 participants, 333 family physicians, 129 pharmacies, and 577 volunteer peer health educators across 20 communities in Ontario. The CHAP Working Group continues to partner with these 20 communities across Ontario to further integrate the delivery of CHAP as a key community health initiative including involvement of Family Health Teams (FHTs), Community Health Centres (CHCs), Local Health Integration Networks (LHIN), Public Health programs, and the Regional Programs of the Ontario Stroke Network.

The aim of this October 15th workshop is to advance Family Health Team and community-centred prevention of cardiovascular disease and stroke by using evidence and practical experience gained in CHAP, identify opportunities for further integration of primary care and community health services, and enhance our of the key next steps to improve primary care cardiovascular program delivery in Ontario.

Objectives

- To review evidence on elements of successful community-level cardiovascular disease prevention and management programs
- To learn about the CHAP + Action Plan (CHAP+AP) activities and the funding announcement of the Ministry of Health Promotion
- To share experiences and plan CHAP+AP implementation within Family Health Teams (FHTs) including integration with community services and resources
- To generate a list of key action items for better integration of primary care cardiovascular and other chronic disease management programs undertaken by FHTs and community partners

Invited Participants

- Representatives from Local Lead Organizations and partner organizations in CHAP communities
- Representatives from the FHTs who are leading or participating in the delivery of CHAP in their communities (physician lead, chronic disease lead, and practice lead)
- Representatives from FHTs interested in CHAP (physician lead, chronic disease lead, and practice lead)
- CHAP project team members
- Quality Improvement and Innovation Partnership / Ministry of Health Promotion / Ministry of Health and Long-term Care / Association of Family Health Teams of Ontario / Heart & Stroke Foundation representatives

This event is organized by the Cardiovascular Health Awareness Program (CHAP) Working Group and funded in part by the Ontario Ministry of Health Promotion – Ontario Stroke Strategy.

Planning Committee

Lisa Dolovich, Department of Family Medicine, McMaster University

Tina Karwalajtys, Department of Family Medicine, McMaster University

Larry W. Chambers, Élizabeth Bruyère Research Institute

Tracy Gierman, Élizabeth Bruyère Research Institute

Janusz Kaczorowski, Department of Family Practice, University of British Columbia

Nick Kates, Quality Improvement and Innovation Partnership

Brenda Fraser, Quality Improvement and Innovation Partnership

John McDonald, Association of Family Health Teams of Ontario

Wendy Graham, Association of Family Health Teams of Ontario

AGENDA: October 15, 2008, 8:30 a.m. – 5:30 p.m.

8:30 **Welcome, Introductions and Review of Objectives for the Workshop; Evidence and the Essential elements of community-level cardiovascular disease management programs and essential components of CHAP+AP**
Larry Chambers, Lisa Dolovich, Janusz Kaczorowski

9:00 **Orientation sessions**
Group 1 – those new to CHAP or not currently implementing CHAP
 - Overview of CHAP and current phase of implementation
Janusz Kaczorowski and Lisa Dolovich

Group 2 – those currently active in CHAP
 - Review of current progress, challenges, and sustainability
Tracy Gierman and Andrea Moore

9:50 **Sharing Experiences & Innovations with CHAP**
 Local partner presentations about how CHAP+AP has been implemented in their community and innovations incorporated . Session I.
 Chair: *Lisa Dolovich*

- Community # 1: Paris, *Dr. John McDonald*
- Community # 2: Collingwood, *Cheryl Pinnell, Andree Cote*

10:35 **Break**
One-on-One meetings with communities (10:45-11:00)

- . Collingwood *Tracy Gierman*
- . Paris *Lisa Dolovich*
- . Port Hope *Janusz Kaczorowski*
- . Stratford *Larry Chambers*

11:00 Local partner presentations about how CHAP+AP has been implemented in their community and innovations incorporated . Session II.
 Chair: *Larry Chambers*

- Community # 3: Elliot Lake, *Sharon Husk, Cindy Vanbuskirk*
- Community # 4: Pembroke, *Lisa Bradley*

11:45 **Discussion of Essential elements**
Larry Chambers

12:15 **Lunch**
One-on-One meetings with communities

12:15 . 12:30		12:30 . 12:45	
. Bracebridge & Gravenhurst	<i>Tracy Gierman</i>	. Orangeville	<i>Tracy Gierman</i>
. Kenora	<i>Larry Chambers</i>	. Orillia	<i>Lisa Dolovich</i>
. Lindsay	<i>Lisa Dolovich</i>		
12:45 . 1:00		1:00 . 1:15	
. Pembroke	<i>Janusz Kaczorowski</i>	. Cornwall	<i>Larry Chambers</i>
		. Elliot Lake	<i>Tracy Gierman</i>
		. Thorold	<i>Lisa Dolovich</i>
		. Tillsonburg & Woodstock	<i>Janusz Kaczorowski</i>

- 1:15** **The Cardiovascular Health Awareness in Diabetes (CHAD) Project**
Gina Agarwal
Chair: Janusz Kaczorowski
- 1:35** **The Quality Improvement and Innovation Partnership (QIIP) and Improving Health Promotion and Chronic Disease Management within FHTs**
Nick Kates
Chair: Lisa Dolovich
- 2:00** **Foundations for the delivery and integration of community cardiovascular disease management programs across the primary health care system:**
- Data Integration***
Rolf Sebaldt
Chair: Janusz Kaczorowski
- The Human Factors***
Tracy Gierman
Chair: Lisa Dolovich
- Resource needs and opportunities for FHTs to lead or participate in community wide health promotion and disease management programs***
Andrea Moore
Chair: Lisa Dolovich
- 3:00** **Break**
One-on-One meetings with communities (3:00-3:15)
- . Aurora *Lisa Dolovich*
 - . Leamington *Larry Chambers*
 - . Strathroy *Tracy Gierman*
 - . Wallaceburg *Janusz Kaczorowski*
- 3:30** **Heart and Stroke Foundation HPI Program**
Margaret Moy Lum Kwong
Chair: Larry Chambers
- 4:00** **Seniors Health Research Transfer Network**
Elizabeth Lusk, Knowledge Broker
Chair: Larry Chambers
- 4:10** **Discussion of Foundation Elements**
Development of Key Actions for Integration of Primary Care Cardiovascular Disease Management Programs and other community partners
 What are the next key priorities for developing an integrative program between primary care and CHAP community organizations?
Chair: Lisa Dolovich
- 5:15** **Closing**